



DOWERGLADES

nursery school

Monday	Breakfast	AM Snack	Lunch	PM Snack
	Jungle Oats	Home Yoghurt	Macaroni & Cheese + Butternut	Home Fruit Sandwich

Tuesday	Breakfast	AM Snack	Lunch	PM Snack
	Maize Meal	Home Yoghurt	Chicken à la King + Mushy Peas	Home Fruit Sandwich

Wednesday	Breakfast	AM Snack	Lunch	PM Snack
	Bran Porridge	Home Yoghurt	Spaghetti Bolgonaise + Hidden Broccoli	Home Fruit Sandwich

Thursday	Breakfast	AM Snack	Lunch	PM Snack
	Apple Oats	Home Yoghurt	Savoury Mince & Rice + Carrots	Home Fruit Sandwich

Friday	Breakfast	AM Snack	Lunch	PM Snack
	Savoury Cheese Pancake	Home Yoghurt	Fish Fingers + Sweet Potato Mash	Home Fruit Sandwich