



DOWERGLADES

nursery school

DAILY PROGRAMME

School Hours:
Full Day: 07:00 – 17:30
Half Day: 07:00 – 13:45

Morning				
	Babies - 12 months	1 year - 3 years	3 years - 5 years	
07:00 - 08:00	Morning Drop-off Free Play	Morning Drop-off Free Play	Morning Drop-off Free Play	During this time, children arrive at school, greet their teacher, unpack their bags, and settle in while engaging with their friends.
08:00 - 08:30	Breakfast Nappy Change	Breakfast Toilet Routine	Breakfast Toilet Routine	Children enjoy a healthy breakfast and follow a regular toilet routine, learning independence and good hygiene habits.
08:30 - 09:50	Morning Ring Skills Development Activities	Morning Ring Skills Development Activities	Morning Ring Skills Development Activities	Children gather in a circle to greet their friends, share news, and explore the week's theme. They celebrate special occasions and join in teacher-led activities that build creativity, early learning, and social skills through art, play, and imagination.
09:50 - 10:00	Tidy Up Nappy Change	Tidy Up Toilet Routine	Tidy Up Toilet Routine	Tidy-up time helps children finish their activities and prepare for the next part of the day. Regular toilet routines are also important, and children are encouraged to wash their hands after using the toilet and before eating.
10:00 - 10:15	Morning Snack	Morning Snack	Morning Snack	Children sit together to enjoy their snacks at a relaxed pace. Snack time is a social moment where they can chat with friends, and parents are encouraged to pack healthy options from home.
10:15 - 11:00	Morning Nap	Outdoor Play	Outdoor Play	Children play outside to develop their gross motor skills through activities like climbing, balancing, and using outdoor equipment.
11:00 - 11:10	Wake Up Nappy Change	Toilet Routine Hand Washing	Toilet Routine Hand Washing	This routine helps children transition from active outdoor play to a calm and focused time indoors.
11:10 - 11:35	Second Ring	Second Ring	Second Ring	Children come indoors to take part in structured, teacher-guided activities that focus on early mathematics, early literacy, drama, and music.
11:35 - 11:50	Storytime	Storytime	Storytime	Children gather in a circle to listen to stories or share their own.
11:50 - 12:00	Nappy Change	Toilet Routine Hand Washing	Toilet Routine Hand Washing	Children wash their hands after using the toilet and before eating.

Afternoon				
12:00 - 12:30	Lunch	Lunch	Lunch	A healthy, balanced meal is served, giving children the energy they need for the rest of the day.
12:30 - 14:00	Quiet Time	Quiet Time	Quiet Time	Younger children are encouraged to nap, while older children spend this time engaging in quiet play or looking through books.
14:00 - 14:10	Nappy Change	Toilet Routine Hand Washing	Toilet Routine Hand Washing	After nap time, children are encouraged to use the toilet before starting their afternoon activities.
14:10 - 15:40	Outdoor/Indoor Free Play	Outdoor/Indoor Free Play	Outdoor/Indoor Free Play	Free play is unstructured time where children choose their own activities, decide when to stop, and explore new ones. There are no adult-set goals, but space, resources, and supervision are provided. It's also a valuable time for social interaction and building friendships.
15:40-16:00	Afternoon Snack	Afternoon Snack	Afternoon Snack	A healthy, nutritious snack is brought from home, and water is available to children throughout the day.
16:00-17:00	Storytime & Quiet Play	Storytime & Quiet Play	Storytime & Quiet Play	Children settle down to read a book or draw quietly.
17:00-17:30	Tidy Up Home Time	Tidy Up Home Time	Tidy Up Home Time	Children pack up their belongings and get ready for their parents to arrive.

